

Dr Elliot Shevel

From: L Steyn <lsteyn@saimrwc.co.za>
To: <shevel@mweb.co.za>
Sent: Tuesday, April 25, 2000 12:36 PM

25/04/2000

Dear Elliot

Just a quick update on Charlotte Ewins. Since the trigger point injections done at the Randburg clinic, Charlotte recovered remarkably well and is headache free at the moment. It took about a week after the injections to recover completely, but the headaches were nothing as severe as the previous 6 weeks. Most days she only had the headache for about 2 hours and it lifted by itself until it stabilised about a week later. She is back in therapy and has also been going to body stress release and I am trying to encourage her to engage in other activities to lower her stress levels. So I would really like to thank you for your help with this case and would like to assure you that I was very impressed by The Headache Clinic and all of the staff's helpfull and understanding attitude. I really believe that you are providing and excellent service. Lastly could you please send me the reference on trigger point injections as I am really interested in knowing more about it.

Regards

Linda Steyn
SAIMR
Greenpoint
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4/26/00